

Pastoral Staff and Leadership Retreats w/ Soul Care Seattle @ The Layne

Half-day Leadership Retreat (8:45 AM to 12 PM):

Cost \$450.00, Max Capacity: 15 people

We begin with a 30 minute meeting (in person or on-line) between you (the retreat organizer) and a Soul Care Seattle spiritual director. The goal of this meeting is to gain a perspective of where your team is at spiritually and relationally. We also want to gain a clear understanding of what you are hoping to accomplish in the retreat and what you sense the team is needing from the Lord at this time. We are wanting to develop our sense of what the Lord is stirring in individuals and in the team as a whole. Following the initial meeting, your retreat director will spend time in prayer over your team's needs and desires and begin 'writing' the material for your team to pray with on the morning of the retreat.

The morning of the retreat we begin with the group gathered together for approximately 30 minutes for listening through a brief check-in from each person followed by a short orientation to the retreat facility, the retreat format, and an introduction to the retreat material. There will be about 1-1/2 hours of silence where your team will break off into the many sitting areas of The Layne for prayer with the retreat material. We also encourage people to take walks to some of the many parks that are around us. For those not familiar with silence, we give many ideas on how to spend that time.

We then come back together for the remaining 30 minutes for an opportunity of sharing. (These are ballpark times - it depends on the size of the group.) Sharing is not compulsory. The time of sharing is profoundly helpful to the group. Many people who are uncertain as to whether or not their time in prayer was fruitful find that they really did receive grace (gifts) from the Lord. Others who struggled in prayer find out that they are not alone and that they did not 'fail' at prayer. Others who received gifts of love to their heart help others to recognize the Father's gifts of love in their own lives. The net result for group prayer for teams in this format is: Personal growth in the Lord and in prayer Growth in love and understanding for each other as people share out of vulnerability Increased ability to see each other as human beings and objects of God's delight Decreased anxiety and increased compassion which frees the team to work well together

Ultimately, an increased faith as a group through the experience of seeking and finding the Lord together.

Full-day Leadership Retreat (8:45AM-3:00PM or 9:45 AM to 4:00PM): T

Cost \$650.00 Max Capacity: 15 people

Your full-day retreat is established and run exactly as stated above until lunch at noon (or 12:30 PM or 1:00 PM.) At this time, the Soul Care Seattle spiritual director in charge of your retreat will bow out and leave the afternoon for you and your team to accomplish its goals. We are happy to rejoin your group at the end to moderate a time of sharing and benediction.

Some teams will continue to enjoy the unique gift of eating together in silence. Others will elect to have a “talking” lunch. Still, others will offer a hy-brid. We encourage you to decide what is best for your group based on your hopes for the afternoon.

Having just spent the morning resting together in the loving presence of the Lord and with each other, the afternoon can prove to be highly productive time spiritually, relationally, or in any other regard that your team needs to address.

Depending on what your team is experiencing, you may wish to have a spiritual director moderate the afternoon portion. Please let us know and we can devise a plan suited to your needs and budget.

To check availability, or to ask further questions please email us at Renee@soulcareseattle.com, or Dan@soulcareseattle.com,